

HIGHLAND NEWS

A Newsletter for Highland Community Residential Services

FROM THE COMMUNITY COUNCIL

The Community Council recently attended the Career Connections Annual job fair at the Pictou County Wellness Center. Members accepted resumes and shared information with potential employees about the responsibilities of an employee with HCRS.

An eagerness to listen was the norm as people explained the different levels of need for those supported by HCRS. Adam Smith told one potential employee, "It depends on where you work, and I am in small options where I work on goals to live more independently". He noted that it's different for everyone because we are all individuals. Each member was open and honest as they greeted potential employees with a smile and a willingness to share their story of goals and achievements.

Together We Make a Difference



Important Dates

Mother's Day– May 13th

Victoria Day- May 21st

HCRS Dance– May 23rd

Quote of the Month

"The only person you are destined to become is the person you decide to be."

-Ralph Waldo Emerson

Would you like the newsletter sent to your email address?

If you do, send Trudy an email at info@hcrsweb.ca or bring it to her at the office.

THE HCRS DANCE



Another great time was had by many at the monthly HCRS dance.

The next Dance will be held on May 23rd at SSI from 7pm-9pm.



Chris, Stephen, Blake, Michelle, Steven and Cathy wear their Jerseys to support the Humboldt Broncos on Jersey Day.



Everyone enjoying game night at Roderick Street!



Hollis ladies out for their first cruise in the Ford Flex house car!



FROM NORTHERN REGION RESPITE SERVICES

NRRS has a team in the annual Walk the Walk for Autism. The event is June 16th at G.R Saunders School in Stellarton. If you would like to join our team you can do so at www.walkthewalkforautism.ca.

This is a great cause and there are games and activities after the walk. Bring your family, it is a fun event!

If you have any questions please contact Amanda at 752-9452.

If you would like to make a donation I will be leaving donation sheets with Trudy at the main office or you can donate online to "NRRS".

Highland Community Residential Services

276 Foord Street P.O Box 2140
Stellarton, Nova Scotia B0K1S0
(902) 752-1755 (Phone)
(902) 752-4256 (Fax)



Stay Connected



The Shepherd's lunch room celebrated their 25th Anniversary serving residents of Pictou County a delicious meal when in need.

HCRS gives a shout out to the volunteers and especially Terri MacKay who has been a volunteer with them for 24 years!



AN HCRS PROFILE

My name is Shey MacDonald.

I work at High Crest Home.

My favorite thing about work is that I love being there.

My favorite activity is going to the movies.

My favorite movie is Beauty and the Beast.

My favorite song is "Speak to a Girl" by Tim McGraw and Faith Hill.

My role model is my sister Lacey.

My favorite season is summer.

My favorite memory is a trip to Boston to see Tim McGraw.

My favorite restaurant is Café Italia.

My favorite food is pizza.

My favorite animals are cats and dogs.

Something interesting about me is I took horseback riding lessons.



HEALTH AND SAFETY WEEK MAY 6-12

Word Search

S A F E T Y K I G T S M P I T H N H
H U G T R D K G Y S L N H G T R D E
K G Y M V F D X S P K Y B L F R O A
E M P L O Y E E I O P Y V F W X D L
J O H S P K I J U Y H T G R F E D T
O C C U P A T I O N A L N B V C X H
K J U H Y N B V G V F F T V R D E S

Words: safety, employee, health
Occupational, johs.

Trivia

1. What does the abbreviation JOHS stand for?
2. How often are the Residential Inspection forms completed?
3. Can staff indicate for the Occurrence Report to be forwarded to the JOHS Committee?
4. Who is responsible for staff safety?

Answers on bottom of page

WHAT'S WRONG WITH THIS PICTURE



SAFETY SLOGANS

- *Safety actions bring lasting satisfaction
- *Safety has no time out
- *Stay alert, don't get hurt.
- *Safety is as simple as ABC - ALWAYS BE CAREFUL.
- *Safety is like a lock - you are the key.
- *Safety is a full time job, don't make it a part time