

JUNE 2019

HIGHLAND NEWS

A Newsletter for Highland Community Residential Services

NSRAA Management Conference

Tracy, Mary Clare, Carolyn, Dawn & Sue



HCRS GOES TO TORONTO!!



Important Dates

June 5th– HCRS Dance

June 16th– Father's Day

June 18th– HCRS AGM

Quote of the Month

"Don't count the days. Make the days count."

- Muhammed Ali

Sheri and Derek in Toronto



Erin enjoying a nice day



HCRS Staff, Cody Reddick...this years valedictorian at NSCC....Congratulations!



The guys and gals at St. Bernard had chicken nachos for supper last night to celebrate and remember Scott on his Birthday.



FROM THE EXECUTIVE DIRECTOR

Please welcome Adriana Guerra to the position of Finance Manager and Accountant at HCRS effective June 1, 2019. Adriana brings a wealth of experience from a variety of organizations to HCRS. We look forward to the next generation of innovations and changes in practice to HCRS Financial Management.

The CareCrew Software program is currently being deployed in each of the homes. We expect that by the end of June all the homes will be fully operational with this software. The software is designed to manage in excess of 75% of the information currently recorded on paper at each home.

Three homes are now equipped with standby generators – 16 & 16A Viggo Holm Road, 14 Viggo Holm Road and 474 Mountain Road. We expect to equip two more homes this year.

The HCRS Annual General meeting will be held on June 18, 2019 at Glasgow Square at 6:30pm. As always we will be recognizing several people celebrating a 5 year incremental Anniversary of Community Living. We hope that you will be able to attend.

Highland Community Residential Services

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Stay connected



Occupational Health and Safety

OH&S

Here for Staff Safety

Summer Safety Tips



Sun Safety Tips

You should wear sunscreen every day in all types of weather.
Apply sunscreen 15 minutes before you go outside
You should avoid being in the sun between 10 am and 2 pm
You should reapply sunscreen at least every 80 minutes and more often if you are swimming or sweating
You should use sun glasses that have UV protection
Drink lots of water!

Tick Safety

If you are outside, even in town you are at risk of being bitten by a tick. Ticks like moist and humid environments and live near woods, shrubs, and long grass. Their bites don't hurt, which makes it difficult to know that you have been bitten.

To reduce your risk:

- Wear long pants and long sleeves
- Wear light coloured clothing – it makes it easier to see the ticks
- Wear closed toe shoes and tuck your pants into your socks
- Apply insect repellents containing DEET.

Ticks like warm places on the body, remember to check:

- Around ears
- Behind knees
- In your hair
- Between your legs
- Around your waist

If you have pets that spend time outside, make a tick check part of your routine, they can move to you or another family member.

AN HCRS PROFILE



My name is Martha Anne Hayes.

I work at Summer Street Industries and volunteer at the Salvation Army.

My favorite thing about my job and volunteering is meeting people and getting to talk to them.

My favorite activity is going out visiting and for drives.

My favorite song is Delta Dawn by Tanya Tucker.

My favorite season is Winter because I love Christmas.

My role model is Shelley Maldre.

My favorite movie is Bugs Bunny.

My favorite books is the Bible.

My favorite restaurant is Dairy Queen.

My favorite food is chicken.

My favorite animals are dogs.

My favorite memory is my family members that have passed on. Also, my little boy Harold George.

Something interesting about me is that I like to sit on the doorstep and wave at the boys driving by hoping they wave at me.

Wayne is taking on what they call the
"Impossible Puzzle"



Ellen at the Decoste Center



Kim and Brent in Coalburn

