

HIGHLAND NEWS

A Newsletter for Highland Community Residential Services

FROM THE COMMUNITY COUNCIL

Everyone has the right to knowledge
Knowledge gives us power
With power comes responsibility
It is our RESPONSIBILITY to RESPECT
the RIGHTS of others.

Together We Make a Difference

HCRS 40th ANNIVERSARY RECEPTION



A Day in the Life of HCRS
40th Anniversary Reception & Photo Exhibit

You're Invited!

Pictou County Wellness Centre
November 17, 2017 | 7 pm



Presented by the HCRS Foundation



Important Dates

40th Anniversary Reception-

November 17th

Remembrance Day—November 11

HCRS Dance - November 22nd

Quote of the Month

"The best preparation for tomorrow
is doing your best today"

- H. Jackson Brown Jr.

VIGGO HOLM
HOSTS A POTLUCK!



SHELLEY MACLEAN
RETIRES FROM SSI!



DOREEN, BARB AND BRITANY OUT EXPLORING
ON A BEAUTIFUL DAY!



THE HCRS DANCE

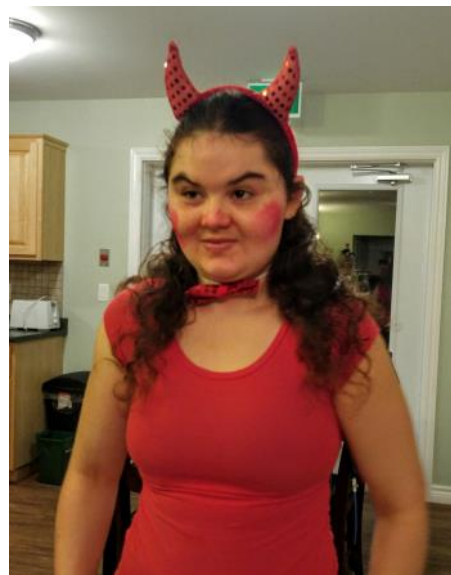
Check out all of the awesome costumes!



Rodney, Ashlee, Allister and Michael feeling the Halloween spirit!



Becky all dressed up and ready for the HCRS dance!



NORTHERN REGION RESPITE SERVICES

Northern Region Respite Services had their first Fun Friday event since June. What a success it was ! We had approximately 120 people in attendance! Lots of great costumes and lots of fun was going on. Everyone enjoyed supper and a spooky wagon ride. We then participated in crafts and bobbing for Donuts. We finished the day up with pumpkin carving and cake!

Highland Community Residential Services

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FROM OH&S

Plug into the Facts

Electricity is there to help brew your morning coffee, operate your computer, heat your home and run your television. We use electricity so often that we seldom think about the dangers.

Take a moment to think about how often you depend upon electricity and answer the following questions. Every question you answer with “NO” is an opportunity to make your home a safer place to live.

1. Are heat producing electrical appliances unplugged when you are not using them?
2. Are electrical cords in good condition, not frayed or cracked?
3. Are electrical outlets overloaded in your home?
4. Are electrical cords kept out from beneath furniture and rugs?
5. Do all outlets and light switches work?

NOTE: If there is a power outage it is important to check all appliances to ensure they are unplugged.

AN HCRS PROFILE

My name is Sheralean Parker (Sherry or Sher Bear)

I work at HCRS in reception and Summer Street Industries catering.

My favorite thing about work is all the people I get to see.

My favorite food is Pizza!

My Favorite restaurant was Ming's when it was open, I love Chinese food.

My favorite thing to do is go to the movies with Trudy.

My favorite TV shows are Shadow Hunters and Chicago Fire.

My favorite memory is when my niece Bria was born on August 16th.

My favorite movies are Bad Moms and Maze Runner.

My role model is Trudy.

My favorite animals are cats and dogs.

My favorite singer is Luke Combs.

My favorite season is summer.

An interesting fact about me is that I am kind, loveable and I like to laugh.

