

HIGHLAND NEWS

A Newsletter for Highland Community Residential Services

FROM THE EXECUTIVE DIRECTOR

Happy to announce that in March we will have orientation sessions for staff on working with information management software supplied by CARECREW. Two homes – 16 Viggo Holm Road and 333 Hollis Street – have been testing this software since 2017. Staff in these two homes report the software as being very useful. This software will result in better and more timely management of information, including communication with all staff. This software will also result in HCRS leaving a smaller environmental foot print through a reduction in the amount of paper being used, stored and filed.

Congratulations and best wishes to HCRS staff Cathy Mason and Ross MacIntosh as they support team Canada at Special Olympics international games in Abu Dhabi.

The Communications courses for HCRS frontline staff are at their midpoint and will be drawing to a close during the last week of March and first week of April. HCRS will be assessing the level of need for the course to be re-offered in the Spring.

The first two months of winter have slipped by, here's hoping that everyone stays healthy and well for the rest of the winter.

FROM THE COMMUNITY COUNCIL

Happy St. Patrick's Day from the Community Council. February was quiet, there were no Council meetings. We are hoping to start up in March and continue our work on Rights and Responsibilities, and the Job Fair.



Important Dates

HCRS Dance– March 20th

St Patrick's Day– March 17th

Quote of the Month

"The amount of good luck coming your way depends on your willingness to act."

-Barbara Sher

At the HCRS Office.....

Congratulations to Mary Clare! She won big with Roll Up The Rim!





GOOD TIMES AT THE HCRS DANCE





Happy Birthday Kim!



Congratulations Ellen on
25 years of volunteering!



Residential Services

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Stay con-



nected

Here for Staff Safety

As the saying goes in Nova Scotia, if you don't like the weather wait 10 minutes and it will change. We all hope that we will never need these items in our car. But these 18 items that can save your life in case of an emergency. The most important thing you can do is be prepared.

- | | |
|------------------------|--|
| 1. First Aid kit | 10. Seat belt cutter |
| 2. Flashlight | 11. Multi tool |
| 3. Blanket | 12. Ice scraper |
| 4. Portable shovel | 13. Tire pressure gauge |
| 5. Reflective triangle | 14. Weather radio |
| 6. Lock de-icer | 15. Toilet paper |
| 7. Jumper cables | 26. Whistle |
| 8. Gloves | 27. Water |
| 9. Punch glass breaker | 28. Lighter/matches in water proof container |

It's also important to regularly check you spare tire to ensure that it is in good condition.

Drive safe

The JOH&S Committee

AN HCRS PROFILE

My name is Ellen Christine Jardine

I volunteer at the First Presbyterian Church in New Glasgow.

My favorite thing about volunteering is folding the church bulletins.

My favorite movie is Home Alone.

My favorite song is Ring of Fire by George Canyon.

My favorite season is Fall.

My favorite activity is taking pictures of deer, peasants and ducks.

My role model is my sister Janet.

My favorite book is Anne Murray.

My favorite restaurant is the Eastside Restaurant.

My favorite food is Pan Fried Haddock at the Eastside Restaurant.

My favorite animal is a deer.

My favorite memory is my mother.

An interesting fact about me is I like to go for drives

