

# HIGHLAND NEWS

*Congratulations to Shawn and  
Loretta on their Engagement!*



## Important Dates

**St Patrick's Day**– March 17th

**HCRS Dance**– March 20th

## Quote of the Month

There are rules to luck, not everything is chance to the wise; luck can be helped by skill.

-Balthasar Gracian



**Game on!**

Pyjama video dance party at  
MacBeth Road!



**A WAY BACK THROW BACK!**





Carl and Colleen at  
the music Jamboree



HCRS's new location!



Shey & Blanche at the barn







Happy Birthday Wayne!



Sue had a baby shower for Candace. Congrats Candace!



## Highland Community Residential Services

276 Foord Street P.O Box 2140  
Stellarton, Nova Scotia B0K1S0  
(902) 752-1755 (Phone)  
(902) 752-4256 (Fax)



Stay connected



*Occupational Health and Safety*

# OH&S

*Here for Staff Safety*

IT'S FLU SEASON- Reduce the Spread of Germs.

-Wash your hands regularly with soap and running water for a minimum of 30 seconds.



-Get your flu shot.

-Wear gloves while providing personal care and meds. Glove are not 100%, so remember to wash your hands before and after you provide these services.

-Use alcohol based hand sanitizer as a means to get to where you are able to wash your hands properly.

-Stay home when you are sick!!

-Use a tissue or cough/sneeze into your arm, not in your hand.

-Do not touch your eyes, nose or mouth.

-Do not share glasses, cutlery or dishes.



-Regularly clean light switches, phones, remote controls, desks, doorknobs, etc with lysol wipes or dettol.

## AN HCRS PROFILE

My name is Sue Bailey.

I work/volunteer at the HCRS main office in reception and at Kids First.

My favorite thing about volunteering is meeting people.

My favorite movie genre is horror.

My favorite song is Coal Miner's Daughter by Loretta Lynn .

My favorite season is Summer.

My favorite activity is crafts, especially diamond painting.

My role model is Dawn MacDonald.

My favorite books are mysteries and true stories.

My favorite restaurant is McDonald's

My favorite food is a club sandwich.

My favorite animals are cats, dogs and horses.

My favorite memory is being with my mother.

Interesting facts about me are: I am kind-hearted, I like to cook and host parties.





Adam baking some goodies  
for staff training!



Pile up at Spring garden!



The Hollis St. ladies  
celebrate Bev's birthday!



A Painting by Janice Chisolm





Zack at the dance



Katie out for a stroll



Charlie enjoying a puzzle



Adam at the market

