

HIGHLAND NEWS

A Newsletter for Highland Community Residential Services

Enjoying the game!



FROM THE EXECUTIVE DIRECTOR

Another year is drawing to a close as we prepare for Christmas 2019. It will be the last Christmas spent at our current office. We will be starting the New Year with a move to our new office in January 2020. In the meantime, plans are well underway for festive meals, visits and parties during the Christmas season.

The members of the HCRS Board of Directors will be visiting a few homes on December 10, 2019 for a cup of tea and chat. The homes that will be visited this year are Washington Street, Beech Street, Little Harbor Road, MacBeth Road, Spring Garden Road, Temperance Street, Emmanuel Street, Saint Bernard Street, Mountain Road, and 16 & 16A Viggo Holm Road.

The Community Council will be hosting a Christmas reception on December 12, 2019 at the Main Office.

On the work front I encourage all staff to complete the OHS Survey on Workplace Hazard Assessment, please check your HCRSWEB.CA email account for the link to the survey.

Cheers!

Hilary



Important Dates

HCRS Christmas party– December 6th

Community Council Christmas
Social – December 12th

HCRS office closure- December 24th
at 12 p.m. to December 30th

Quote of the Month

The meaning of life is to find your
gift. The purpose of life is to give it
away

-Pablo Picasso

Darryl, Abby & Frankie



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Mike and Chris helping out



Katie out for a walk



*The HCRS Social Club will be
hosting its annual Christmas dinner
and a dance on
December 13th!*

*It will be held at SSI, drinks start
pouring at 6:30 p.m. with dinner at
7:00 p.m. and dance to follow.*

Music provided by Gerard!

*Please R.S.V.P. to Alex by
December 2nd, non-social club
members will pay \$25.00.*

Come celebrate the Holiday season!

HCRS Christmas Party!
December 6th at 7:00pm
at

The Westville Civic Center Gym

Please come and enjoy
yourselves with family and friends
at the Westville Civic Center Gym,
Santa will be there bearing treats.



www.CreativeCertificates.com

David & a friend

Mike & Ross



THE HCRS DANCE



Its beginning to look a lot like Christmas!

Highland Community Residential Services

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Stay connected



The craft class will be displaying some of there work at the main office on Tuesday December 17th from 2:30 to 4 :00 in the conference room.



AN HCRS PROFILE



My Name is Janice Chisolm.

I work at Summer Street Industries and I do a project 50 in Pictou.

My favorite thing about my job is organizing puzzles.

My favorite movies are Christmas movies.

My favorite activity is having my nails painted.

My favorite song is Ring of Fire and Christmas songs.

My favorite season is summer.

My favorite memory is knitting in the winter.

My favorite book is my journal.

My role models are my sisters.

My favorite food is Chinese.

My favorite restaurant is Joe Chows.

My favorite animal is a cat.

Something interesting about me is I have a large keychain collection.



HOLIDAY SAFETY TIPS

10 TIPS TO PROTECT YOUR HOME DURING THE HOLIDAYS



HOLIDAY THEFT

Theft overall tends to rise in the months of November and December. Best thing to do is to make sure you secure everything that you can. Lock up cars, trucks, and homes.

LEAVE THE LIGHTS ON

Thieves usually don't approach homes that appear to be occupied. Leave on outside lights at night (or set them with a timer) and when you leave the house during the day; leave on some of the lights inside the home to give the appearance that someone is home.



PACKAGE DELIVERY

More and more people are purchasing gifts online and having them shipped to their home. With this trend, more people are having packages stolen right off their front porch. If you're expecting packages, request signature confirmation or have a trusted neighbor hold on to it for you.

COOKING HAZARDS

A fried turkey is delicious. A fried house due to a deep fryer accident is not. Make sure you read the instructions on how to prepare your turkey safely and please, use the deep fryer OUTSIDE of the house.



DECORATION HAZARDS

Speaking of fires, Christmas tree fires can be devastating for what is normally such a beacon of happiness. If you have a live tree, make sure that it has water every day, and ensure that any lights you use are checked for breaks or exposed wires.

CREATIVE DISPOSAL

Dispose of your presents boxes creatively – placing that 60" TV box outside on trash day after Christmas is just asking for trouble. Try and break down boxes and other packaging as to not give away the wonderful gifts your family received.



SOCIAL MEDIA

In today's inter-connected age, it's important to be very careful about what you share on social media. Be very careful about what you post and if you do decide to share your gifts, please make sure you don't have your location tagged to the post.

TRAVEL

If you're traveling to visit family or going on a holiday vacation, wait until after your trip to post about it. Have a good friend or neighbor check on your house every couple of days to give you an update.



DECORATIONS & LIGHTING

Make sure not to run extension cords through windows or garage doors. Just the littlest crack can expose a home to thieves.

WHO'S AT THE DOOR

Criminals can try and scope at your home posing as a delivery person or someone looking for charitable donations. Be cautious when talking to people you're unfamiliar with and don't let them in your home.



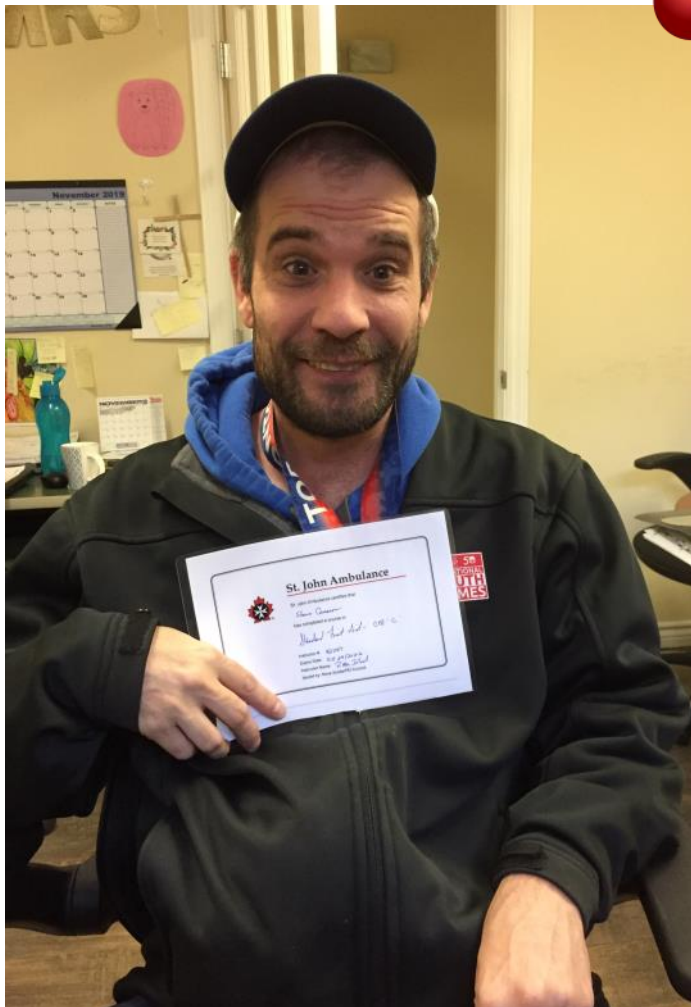
Ellen laying a wreath



Shawn & Loretta



Shawn completed one of his PATH goals!



Robbie out for a bite to eat

