# HIGHLAND NEWS

A Newsletter for Highland Community Residential Services

#### Bob made some new furry friends!





Happy St. Patrick's Day







Important Dates

April 15th – Good Friday

April 17th – Easter Sunday

April 18th – Easter Monday



**Charming Charles** 



### Zack & Jeremy have a visit

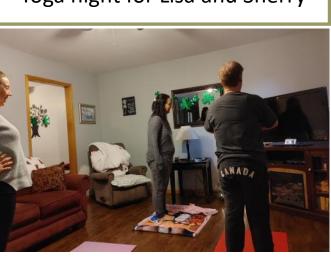
## Joey rockin' his socks for World Down Syndrome Day



Happy Birthday, Crystal!



Yoga night for Lisa and Sherry



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(902) 752-4256 (Fax)





#### FROM OH&S

#### **Fishing Safety Tips**

- 1. If using a boat, be sure to wear a life jacket.
- 2. Inspect waterfronts daily the natural environment is subject to change.
- 3. Carry extra safety items such as water, flashlights, cell phone, compass, etc.
- 4. Always wear foot gear appropriate to the conditions.
- 5. Wear a water-proof sunscreen of at least SPF-15.
- 6. Keep fishing knives clean, and cover the blade when not in use
- 7. Use caution when baiting and removing hooks.

#### PARTICIPANT PROFILE

My name is Justin Barnett.

I work at Summer Street Industries. My favorite thing about my job is the staff. My favorite movie is Avril Lavigne's Live Concert.

My favorite activity is watching DVD's.

My favorite singer is Avril Lavigne.

My favorite season is summer.

My favorite sports team is Detroit Red Wings.

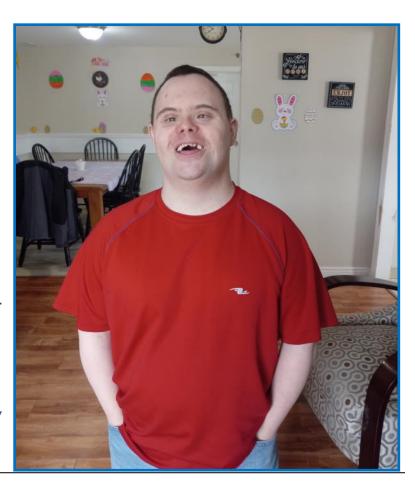
My role model is my Mom.

My favorite restaurant is Subway.

My favorite food is a sub with bacon.

My favorite animal is a cat.

Something interesting about me is I am really funny.





Would you like to join others in your community for a friendly weekly walk?

## **NSWalks**

HCRS Weekly Community Walk

Gentle and Friendly group walks start Wednesday March 30, 2022 Noon at Glasgow Square

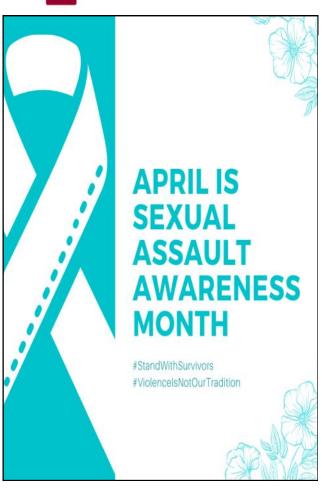
Register at http://nswalks.ca or contact Joy Polley jpolley@hcrsweb.ca













## **Diversity Dialogue**

**Celebrate Diversity Month** 

April 2: World Autism **Awareness Day** 

April 2-May 2 (sundown to sundown): Ramadan

April 15-April 23: Passover

**April 17: Easter** 

April 22: Earth Day

**April 24: Armenian Martyrs** 

Day

April 27-28: Yom HaShoah















#### **Easter Tree**

## Happy Birthday, Claire!





Kate and Kim at the Moncton Zoo







Kim & Zack at the Crushers

Rob at the museum checking out the hotrods





Happy Birthday, Rodney!

Happy Retirement, John!



