

HIGHLAND NEWS

A Newsletter for Highland Community Residential Services

A beautiful trip to Peggy's Cove



Important Dates

Thanksgiving - October 11th

Halloween - October 31st

Quote of the Month



TOBIAS



Kim loves Pumpkins



Brittany riding Maddy



Posing with the hay bale works of art in Greenhill



The Wellness Group



A visit from a gentle giant



Happy Birthday, Terrí!



Paul out for a stroll



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Stay connected



Occupational Health and Safety

OH&S

Here for staff safety

KEY TO STAYING SAFE MAKE AN ESCAPE PLAN

1. FIND TWO WAYS OUT OF THE HOUSE.
2. CAREFULLY CHECK IF DOOR IS HOT.
3. STAY LOW TO FLOOR.
4. PICK A SAFE PLACE TO MEET OUTSIDE.
5. CALL 9-1-1
6. DON'T GO BACK IN THE HOUSE FOR ANYTHING.

FIRE PREVENTION WEEK

Harry, Norma, Wayne and Derek at Peggy's Cove





The folks at
MacBeth
Road have
been up to all
kinds of
things!
Lots of
smiles!



Carl receiving his 30 year award at the HCRS AGM



HCRS Community Counsel's First 2021 Meeting!



Here are a few of our members at our first meeting post pandemic! If any other HCRS participants are interested in joining our group, please contact Shawn at (902) 759-6729 for more information...the more the merrier!!